

mellijelli calm +

Organic Honey flavored with strawberry +Lemon balm extract

Delicious & gentle calm for busy days

What It Is

Mellijelli Calm+ is a comforting blend of flavor and botanical support, crafted for kids and families who need a little peace in their day. With freeze-dried strawberries, and calming lemon balm (*Melissa officinalis*) extract, it's the perfect treat to help unwind — naturally.

We combine:

- Bee **honey** – sweet, antioxidant-rich energy
- Freeze-dried **Strawberries** – real fruit flavor and natural vitamin C
- **Lemon oil** – supports digestive comfort
- **Lemon Balm** (*Melissa officinalis*) – a gentle herb known for its calming and mood-supportive properties

No additives. No artificial flavors. Just tasty, wholesome support for restless minds of all age.

Why with Lemon balm?

Lemon balm has been used for centuries to soothe restlessness, **promote relaxation, and support emotional balance**. Research support its role in reducing anxiety and helping the body settle – especially helpful during school transitions, travel, or busy afternoons.

Modern studies^{1,2} back what tradition has long known – that lemon balm can help calm nerves, and even **support better focus**. Researchers have found it can reduce feelings of anxiety both in adults and children.

Mellijelli Calm+ is gentle, natural, and ideal for busy little minds that need a moment of peace.



Family-Friendly Relaxation

- Perfect for children 3+ who need a little help unwinding
- After-school snacks with a purpose
- Parents seeking a natural way to support calm

How to Use

- One pouch a day, ideally after stimulating activity
- As a smart treat in lunchboxes
- Spread on a toast as a calming afternoon treat
- Enjoy on its own, straight from the pouch

Naturally better

- **100% organic (NO pesticides & GMO)**
- **real flavor from natural ingredients**
- **NO refined sugar, NO allergens**
- **Kid-approved taste**
- **Bee-friendly & sustainable**

Note: Melissa officinalis is traditionally used to support calmness and emotional balance. This product is not intended to diagnose, treat, cure or prevent any disease.

Not a substitute for a varied diet. Suitable for children 3+ under adult supervision.